



From the Vicar – I've been reflecting recently on how to respond to the war that has suddenly sucked in nations across the Middle East, in prayers and from the pulpit. There is of course no easy solution – there never is – but I feel strongly that doesn't excuse a lack of response. There should be an attempt to put into words emotions felt, and to express empathy and solidarity.

This is true of so many challenges that beset our neighbours near and far. It is not enough to be sympathetic. If harm is being felt by members of our community, we are called to stand with them against that which harms and dehumanises, and where our own behaviour (even unconsciously) colludes with harm, to change that behaviour.

Last week the Diocese launched their Racial Justice Toolkit. You can find information here [Racial Justice tool kit revised 20 02 2026](#) which helps us think about how to do this with a solid theological grounding. I commend it to you. There is also an invitation below to join with people of all faiths and non, and varied political backgrounds to march against the far right in London on **28th March**. If you would be interested in going there is more information here [Key info — Together Alliance](#). There is a meeting at One Church on 17th March. Details of this and meet up times for those who would like to join the March are on a poster in church. *Fr Catriona*.

New to All Saints? Welcome if this is your first visit to All Saints. To find out more about us please speak to one of the clergy or one of the welcome team (wearing badges). Do stay for tea or coffee after the service. We look forward to meeting you.

Donating - No cash? Tap to donate! You can donate by debit or credit card. Choose from the three donation amounts and tap your card on the reader located at the welcome desk, or else you can scan the QR code on the back of this PewNews.

Gift Aid Add value to your donation - If you're a UK taxpayer and don't have a planned giving envelope, please place your donation in a white envelope (available from the welcomers). Remember to fill in your details completely or we cannot claim Gift Aid (a further 25%) on your donation.

Regular Giving Our preferred method of regular giving is via the following link: <https://www.parishgiving.org.uk/donors/find-your-parish/hove-all-saints-hove/>.

Services this week: **Mon – Thurs** - 9.00am - Morning Prayer
Tuesday - 12.30pm - Said Mass
Wednesday - 9.30am - Said Mass

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01273 733331
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Parish Notices

Lent course 2026 – There are two weekly opportunities to participate in this year's Lent course, in which we explore the Gospel of Matthew. These are after Mass on a Sunday, or Thursday evening before Compline. The Thursday evening is particularly appropriate if you are new to faith. Dates are below. *Fr Catriona.*

Sundays:	Thursdays:
8 th March	12 th March
15 th March	19 th March
22 nd March	26 th March.

Requiem Mass for Charles 10th March – We announced the death of Charles O'Donaghe in last week's pewnews. There will be a requiem Mass held in the Spirit Chapel on Tuesday 10th March at 12.30 pm to which all are welcome.

Midday Prayer in 2026 – giving thanks for those we love. The next date is 14th March. These dates are available for same-sex couples who may wish to seeking God's blessing for their relationship by using prayers of love and faith within an existing service. If this is you, please speak to Fr Catriona.

Mothering Sunday, 15th March 2026 – Next Sunday flowers will be available for those who would like to honour people in our community: family, friends and neighbours – who have cared for us. And we will have simnel cake. Last year I bought cake, and nearly started a diplomatic incident among our talented and dedicated bakers. If you are someone who enjoys baking and you would like to contribute a simnel cake, do let me know before I put in an order this year! *Fr Catriona.*

Palm Sunday, Sunday 29th March – This year we will be starting the Palm Sunday walk from a different spot, as there is hoarding around Palmeira Square Gardens. The intention is that we will meet at 9.30 am on Grand Avenue Lawns BN3 2LF and walk up to church. Please pencil this in your diaries and we will confirm as soon as possible.

Photography on Easter Day – We are working on updating the website, and as part of this there will be a photographer at the 10.00 am Mass on 5th April to capture the joy of Easter morning at All Saints. We will make sure that there is a space for folk who do not wish to be photographed, and there will be no photography during the distribution of communion. *Fr Catriona.*

Tuesday 7th April – All Saints are looking forward to hosting The Katona Twins. Doors open at 7pm for a 7.30pm to 9.30pm performance of 'ALHAMBRA INSPIRATIONS' – Virtuoso Spanish music for two guitars. For tickets please visit: [Katona Twins - Alhambra Inspirations Tickets, Tue, Apr 7, 2026 at 7:30 PM | Eventbrite](#)

Easy Funding for All Saints Church - We're using easyfundraising, the UK's biggest charity shopping site, to help raise money for All Saints. All Saints Church Hove is one of over 35,000 good causes and charities receiving a share of a **record breaking £2.1 million** in the first Donation Day of the year. Sign up and shop via the easyfundraising website or App when you're shopping with over 7,500 brands. Your online shopping won't cost you any extra and we'll be really grateful for your donations.

Thank you for those who have already signed up, it is working well and to date we have been paid **£34.77**. Sign up here to help make a difference or scan QR: <https://tinyurl.com/yds449v5>.

Flowers – If you would like to donate towards the lovely flowers on display to mark a special occasion, please speak to one of the Flower Team, Church Wardens or contact the Parish Office.

Prayer Request Forms - Prayer request forms are available for those who would like prayer for themselves, or someone they know. These ensure we have the explicit consent of those we name in PewNews and help us check people's progress. Please ask the wardens for a card and return it to a warden, priest, or the office. *Fr Catriona*

For our Prayers - Those who are sick: Sylvia; Fleur Boxell; Sue Bonner; Tara Robins; Linda; Trish Abela; Kevin Hill; Judy Greenfield; Linda Clarke; Margaret Forbes; and Rols Ham-Riche; John Hatworth, Sue TB, Jane Stone; Liz Ruane; and for church members receiving home Communion. For those whose anniversary of death falls at this time; Diana Christmas; June Cutress; Jane Warrington; Erica Wrigley; Richard Adfield, (*Pr*).



Today's Mass – The Third Sunday of Lent



ALL SAINTS
Living Faith in Hope

LENT PROSE

*Hear us, O Lord, have mercy upon us:
for we have sinned against thee.*

God, we implore thee, in thy glory seated: bow down and hearken to the
weeping children: pity and pardon all our grievous trespasses.

Hear us, O Lord...

OPENING HYMN – Jesu, lover of my soul, 96

MASS SETTING

Latona/Mass by Cecile Chaminade

COLLECT

Almighty God,
whose most dear Son went not up to joy but first he suffered pain,
and entered not into glory before he was crucified:
mercifully grant that we, walking in the way of the cross,
may find it none other than the way of life and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

A Reading from the book Exodus

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

Exod. 17. 1-7

PSALM 95

- 1 O come, let us sing to the Lord; ♦
let us heartily rejoice in the rock of our salvation.
- 2 Let us come into his presence with thanksgiving ♦
and be glad in him with psalms.
- 3 For the Lord is a great God ♦ and a great king above all gods.
- 4 In his hand are the depths of the earth ♦
and the heights of the mountains are his also.
- 5 The sea is his, for he made it, ♦ and his hands have moulded the dry land.
- 6 Come, let us worship and bow down ♦ and kneel before the Lord our Maker.
- 7 For he is our God; ♦
we are the people of his pasture and the sheep of his hand.
- 8 O that today you would listen to his voice: ♦
‘Harden not your hearts as at Meribah, on that day at Massah in the wilderness,
- 9 ‘When your forebears tested me, and put me to the proof, ♦
though they had seen my works.
- 10 ‘Forty years long I detested that generation and said, ♦
“This people are wayward in their hearts; they do not know my ways.”
- 11 ‘So I swore in my wrath, ♦ “They shall not enter into my rest.” ’

A Reading from the letter of Paul to the Romans

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

GRADUAL HYMN - My God I love thee, 524

GOSPEL SENTENCE - 'I am the resurrection and the life,' says the Lord: 'those who believe in me will never die.'

Matt. 8. 35

A Reading from the Gospel of Saint John

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him. Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

John 4. 5-42

OFFERTORY HYMN – Glorious things of thee are spoken, 435



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ANTHEM – *Christ my beloved*, Bob Chilcott (b. 1955)

COMMUNION HYMN – O, for a closer walk with God, 532

POST-COMMUNION PRAYER

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil,
and with pure hearts and minds to follow you, the only God;
through Jesus Christ our Lord. **Amen.**

FINAL HYMN – Guide me O thou great Redeemer, 455